



For A Healthier Kaua'i

Kauai Health and Wellness Association
Business Development Workshop
Happiness Planting Center
3343 Kanakolu St, Lihue
November 14, 2013 • 5:30pm to 8:00pm

Char Ravelo, President

*Francesco Garripoli,
Chairman and Treasurer*

Fran Becker, Secretary

Advisory Board Members

*Barbara Curl, President
Kaua'i Aloha Foundation*

*Randall Francisco, President
Kaua'i Chamber of Commerce*

*Beth Tokioka,
Office of the Mayor*

Puna Dawson, Kumu Hula

The Feminine Perspective

AGENDA

5:30pm - Welcome Activity - Culture Clash

6:00pm - Speaker Anni Caporuscio, owner of Small Town
Coffee in Kapaa

6:20pm - Speaker Jeffery Pears, facilitator of Laughter Yoga

6:50 pm - The Feminine Perspective Presentation
Roundtable discussion

7:30pm - Wrap up and closing

Door \$15 KHWA & YWCA members, \$20 General
For information call KHWA 246-8986 or YWCA 245-5959

This conference is sponsored by
YWCA, Happy Science Kauai and KHWA

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Fax: 808- 246 2101
email: info@kauaihwa.org
website: www.kauaihwa.org*

Upcoming Events:

PINK SUNDAY Women's Expo - November 24, 2013
Kauai Wellness Expo - February 7-9, 2014

Malama kou kino, e na ohana, e na aina
— Take care of yourself, the families and the land —